EMBODIED WORKSHOPS: SCHEDULE + WORKSHOP DESCRIPTION

FRIDAY, JUNE 26TH

12:00 to 1:00 p.m. with Sue Roginski
Sue Roginski with dancers from counterpoint/shift will facilitate this all levels welcome dance workshop that will inspire playful movement investigations and improvisational scores. The dancers will heighten awareness to movement habits while simultaneously celebrating and exaggerating what makes each individual, special and unique.

1:15 to 2:15 p.m. with Stephanie Y. Jolivet
While difficult, my solo in-studio practice was necessary to lead to me to understand how important play is in my own practice of choreography and dance. Play is also a large part of my own embodied knowledge and is responsible for the movement that I choose to put forth. From competitive gymnastics, to Division I lacrosse, to card games and playground games, I still look to play as a way to move through the world. Materials are also a large part of games, and these two together, play and materials can develop a movement technique and rigor that I wish to explore with a group during this workshop. Using improvisational games and kids games, we will create structures and rules to allow for creativity to thrive.

2:30 to 3:30 p.m. with Mackenzey Franklin
This class will be a communal experience of celebrating the individual. Through the use of familiar contemporary modern technique as well as improvisation we will excavate how the individual sensates and understands movement and therefore how they understand themselves. It is with this knowledge that we will explore how the individual relates to others and the world we live in.

SATURDAY, JUNE 27TH

12:00 to 1:00 p.m. with Samantha Blake Goodman
Designed to stimulate individual artistic expression with in the collective setting, Attuned Movement is a contemporary movement approach that reaches beyond a simple understanding of body mechanics to bridge self, physicality, sensation, and expression in the dancing body. Exploring the intersections of post-modern release based movement with various possibilities of the spine, pelvis, hips, and energetic qualities fundamental to Afro-Brazilian/Caribbean dance, Attuned Movement focuses on developing an “available body.” – An attentive body that does not anticipate, but rather responds intuitively; a body that feels, sees, and thinks as it dances; a body that is prepared to release its joints and direct itself through space; a body that moves freely among other bodies.

1:15 to 2:15 pm with Rebeca Hernandez
This class will consist of a warm up focusing on core. The class will advance to an arm sequence on center floor. Then students will go through slow across the floor warm up exercises to strengthen upper body through crawling and dragging movement. The class will conclude with an across the floor sequence using the floor to slide, crawl, push, pull, and tumble through space.

2:30 to 3:30 p.m. with Anya Cloud
We will move with care without being careful. How can we be smart, complex, and visceral? How can we be generous, find abandon, be responsive, and be assertive? We will build skills for supporting weight, allowing momentum, moving through disorientation, going into and out of soft collisions, finding rebound and reversibility, and engaging the possibilities of durable and sustainable dancing bodies. Through solo body, duets, trios, and as an ensemble we will find exhilaration, composition, bewilderment, and delight to increase physical range. We will expand possibilities through skills drawn from contact improvisation, improvisation, contemporary dance techniques, somatics, composition. What if we say yes to what arises?
BIO

Samantha Blake Goodman is an interdisciplinary artist based in Los Angeles working with the mediums of dance, moving image, and sound. Her unique movement style, Attuned Movement, investigates the intersections of post-modern release based body mechanics with ideas of embodiment and uses of the spine explored in traditional Afro-Diasporic dance practices. Over the past decade, Samantha has been dedicated to movement research of contemporary and traditional Afro-Brazilian dance abroad in Salvador, Brazil. She is one of a select group of certified teachers of the Silvestre Technique and has been instrumental in bringing the technique to the Los Angeles dance community. She has taught and performed throughout the United States, Brazil, and Puerto Rico, and toured nationally as a member of the Viver Brasil Dance Company. Samantha holds an MFA of Dance from UCLA’s Department of World Arts and Cultures/Dance and studied dance at the Escola de Dança da FUNCEB in Salvador, Bahia Brazil. samanthablakegoodman.com

Mackenzey Franklin is a lover of human bodies, their patterns, possibilities; their intricacies that often reveal their greater simplicities. She is a movement artist interested in the uniqueness of individuals found through the awareness of this body we have in common. She is interested in patience and rhythm. She believes there is insight always to be discovered within the crevices of our physicality. Mackenzey has had the honor of being mentored, trained, collaborators, and friends with some fierce and wild women. She is grateful for them, her family, and community.

Stephanie Yezek Jolivet is moving into her second year as an MFA candidate in Experimental Choreography at UCR, and she is happy to be sharing some of the work from her first year at danceSTORM. She moved to Altadena, CA with her husband, Ludovic and two friends, Francesca and Dan a year ago from Washington, DC, where she was dancing professionally, creating work and teaching Pilates and GYROTONIC®. Stephanie is grateful to have danced and shared her work nationally and internationally and now to have time and space to play with de-familiarizing the familiar regarding femininity, technology and productive consumption.

Anya Cloud

I believe in dancing with the body that I have in order to cultivate radical aliveness, longevity, and possibility. Originally from rural Alaska and Montana, I currently live in San Diego, CA where I teach Dance at CSU San Marcos. I also teach/facilitate contact improvisation nationally and internationally. In addition to my own work I have had the pleasure of working with and/or performing for Sara Shelton Mann, Jane Comfort, Kim Epifano, Yolande Snauth, Leslie Seiters, Eric Geiger, Karen Schaffman, and Mary Reich amongst others. I believe in the possibility for movement to engender humanity in the world. www.anyacloud.com

Sue Roginski is a dance artist and educator who holds degrees in dance from Wesleyan University and the University of California-Riverside. She is an Associate Faculty at Mt. San Jacinto College and a Teaching Artist at the McCallum Theatre Institute. While living in SF, Sue was a collaborating member of the Margaret Jenkins Dance Company (1992-2002). Her recent choreographic project, counterpoint/shift, is influenced by her dancing and improvising with Susan Rose and Dancers locally here in so cal. She is also a co-founding member of P.L.A.C.E. Performance, an organization dedicated to creating possibility for local dancers and choreographers.

This past year, Rebeca Hernandez choreographed Building: A Simulacrum of Power (with Rafa Esparza) and Memorias de un No Abrazo as part of James Kidd’s contribution to Made in L.A. She also screened a short dance film, performed and taught in Performatica Dance Forum in Mexico. Rebeca performed Beyond Control as part of Carolina Caycedo’s 18th Street Arts Center's Artist Lab Series and as part of Rebeca’s 2013 UCLA Hothouse Dance Residency Program. As a recipient of a 2012 National Performance Network PAP Program, she had a residency in Mexicali, Mexico. Rebeca performed for the Festival de Danza Contemporânea de Cabaret in Mexico City in 2012. www.rebecahernandezdance.com